

Transdermal Verapamil 15% Gel

Helpful Tools

for Peyronie's Disease

Table of Contents

The tools in this section will help your patient communicate better with you about their condition and improvements as they go through treatment. Click on a link below to view a section of this packet.

[Symptom checklist](#) - This checklist of common symptoms will help your patient to provide you specific information about their condition.

[Questions for the doctor](#) - This tool is designed to help patients ask questions about their condition and includes common questions as well as an area for their unique questions.

[Progress report card](#) - Your patients can use this tool to track and communicate to you what changes and improvements they are seeing in their condition.

Peyronie's Disease Symptom Checklist

Peyronie's disease can have various symptoms and most patients do not have all of them at any given time. Use the checklist of common symptoms below to help your doctor understand what you are experiencing. This will help them to decide what the best possible treatment options are for your specific case.

Curvature with hardest possible erection of approximately _____ degrees
(assume perfectly straight shaft is 0 degrees and a curve straight up is 90 degrees)

Firm lumps

How many? _____

Where is it located? _____

Firm ridges or veins running down or around the shaft

How many? _____

Where is it/they located? _____

Pain with erections

On a scale of 1 to 10 how severe is the pain? _____

Loss of erection firmness

The entire shaft is not firm

The shaft is firm to a point, but beyond that it is semi-firm

Loss of length or girth

When erect

When flaccid.

Indentations in the shaft or an hour glass shape to the shaft

Difficulty penetrating for intercourse

Psychological effects

Depression

Anxiety

Other _____

Use this area to note any thing else you have noticed

Questions for the Doctor

Most of us have visited our doctor and remembered the one question we really wanted to ask five minutes after we left. Using this tool will help make sure that you are prepared for your appointment and that you remember all of your questions.

Doctors are commonly asked the questions below about Peyronie's disease. Check off the questions you want to be sure to ask:

- My penis has started to curve when I have an erection, why?
- I have pain when I have an erection. Is this common?
- How did I get this condition?
- Are the lumps cancerous?
- Will I be able to have a penis straight enough to have sex again?
- What are the different treatment options?
- The psychological impact of this condition has been as bad or worse than the physical problems, is this typical and how can I get help?

Use this area to write down your specific questions.

Progress Report Card

Before each visit with your doctor use this helpful tool to record the changes you have seen since your last visit. You might be surprised how quickly you can forget about symptoms as they improve. This list will help to identify improvements in areas that you may have forgotten about, or symptoms that are not improving that you need to talk to your doctor about.

Date: _____

Pain level with erection on a scale of 1-10 _____

Degrees of Curvature _____

Plaque

How many? _____

Is it smaller? Yes No

Approximately how much _____

Is it softer? Yes No

Approximately how much _____

Improvement in erection firmness on a scale of 1-10

Improvement in flacid penis length

Yes No

How many millimeters? _____

(Stretch penis and measure from base to tip)

Improvement in deformity

Indentation Yes No

Hour glass Yes No

Has your sexual satisfaction improved?

Yes No

Has your ability to penetrate for intercourse improved?

Yes No

Improvement in psychological effects

Yes No

In what way? _____

Date: _____

Pain level with erection on a scale of 1-10 _____

Degrees of Curvature _____

Plaque

How many? _____

Is it smaller? Yes No

Approximately how much _____

Is it softer? Yes No

Approximately how much _____

Improvement in erection firmness on a scale of 1-10

Improvement in flacid penis length

Yes No

How many millimeters? _____

(Stretch penis and measure from base to tip)

Improvement in deformity

Indentation Yes No

Hour glass Yes No

Has your sexual satisfaction improved?

Yes No

Has your ability to penetrate for intercourse improved?

Yes No

Improvement in psychological effects

Yes No

In what way? _____
